

BAGELS Plain, Everything, Onion, or Sesame

Plain	2.65
Cream Cheese	4.25
Peanut butter + Strawberry Jam	5.95
Butter + Strawberry Jam	5.75
Scrambled Egg*+ Cheese	6.50
Scrambled Egg*+ Bacon + Cheese	7.95
Scrambled Egg*+ Sausage*+ Cheese	7.95
Scrambled Egg*+ Ham + Cheese	7.95

SMOKED SALMON BAGEL 14

cold-smoked Norwegian salmon, cream cheese, sliced tomato, red onion, capers, dill pickle, lemon

AÇAI BOWL 10

açaí sorbet, sliced banana, sliced strawberry, granola

BREAKFAST BURRITOS

Served All Day. White or Whole Wheat Tortilla. Egg Whites 1.75.

Potato Hash + Egg* + Cheddar + Pico de Gallo	8.25
Pork Sausage* + Egg* + Cheddar + Potato Hash	8.75
Bacon + Egg* + Cheddar + Pico de Gallo	8.75
Ham + Egg* + Cheddar + Pico de Gallo	8.75

FIESTA BREAKFAST BURRITO* 13.50

egg, grilled steak, black beans, potato hash, pico de gallo, cheddar cheese, sour cream

FRESH PASTRIES

Fresh daily from Rockenwagner Bakery. Limited quantities

Muffin	3.65
Butter Croissant	3.00
Almond Croissant	4.00
Lemon Poppyseed or Banana Walnut Bread	3.25
Coffee Cake	3.25
Chocolate Chip Cookie	2.50
Housemade Chocolate Cinnamon Brownie	3.75

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

SANDWICHES

Whole Wheat, Rye, Sourdough, Baguette, Ciabatta, Flour Tortilla, Whole Wheat Tortilla, or Bagel. Served with dill pickle

DELI SMOKED TURKEY, BLACK FOREST HAM, PASTRAMI OR ROAST BEEF 11.75

dijon mustard, mayonnaise, lettuce, tomato, onion

TUNA, CHICKEN, OR EGG SALAD* 12.50

dijon mustard, mayonnaise, lettuce, tomato, onion

CLUB SANDWICH 14.25

smoked turkey, ham, bacon, swiss cheese, lettuce, tomato, mayonnaise, toasted sourdough

HOT PASTRAMI 12.50

yellow mustard, lettuce, tomato, onion, toasted rye

GRILLED BBQ CHICKEN SANDWICH* 12.00

mayonnaise, lettuce, tomato, baguette

BLTA 13.00

applewood smoked bacon, avocado, mayonnaise, lettuce, tomato, toasted sourdough

VEGGIE + AVOCADO SANDWICH 11.75

pesto, provolone, avocado, lettuce, tomato, onion

CHICKEN CHINGON* 14.75

grilled chicken, provolone, avocado, lettuce, tomato, onion, garlic serrano aioli, ciabatta, side dill pickle

GRILLED CHICKEN SANDWICH* 12.00

dijon mustard, mayonnaise, lettuce, tomato, onion

CAJUN GRILLED CHICKEN SANDWICH* 12.00

dijon mustard, mayonnaise, lettuce, tomato, onion, blackened seasoning

TUNA MELT 13.50

cheddar cheese, dijon mustard, mayonnaise, lettuce, tomato, onion, toasted sourdough

REUBEN 12.50

swiss cheese, sauerkraut, 1000 island, toasted rye

CHEESESTEAK SANDWICH* 13.50

grilled steak, provolone cheese, grilled red bell peppers, grilled onions, serrano aioli, baguette

GRILLED CHEESE 8.50

cheddar cheese, toasted sourdough

LIME SHRIMP SALAD* 13.75

serrano aioli, lettuce, tomato, onion

QUESADILLAS

Provolone, Pico de Gallo, Grilled Onions and Peppers. Sour Cream and Housemade Spicy Salsa served on the side. White or Whole Wheat Tortilla

Grilled Rocky® Free Range Chicken*	12.75
Grilled Steak*	13.25
Roasted Veggie	11.50
Lime Shrimp*	14.25
Cheddar, plain	9.50

NACHOS

Piled High. Tortilla Chips, Provolone, Black Beans, Grilled Onions and Grilled Red Bell Peppers. With Salsa, Sour Cream and Pico de Gallo served on the side.

Black Bean	10.25
Grilled Rocky Free Range Chicken*	13.50
Grilled Steak*	15.25
Lime Shrimp*	15.75

BURRITOS

Cheddar, Black Beans, Spanish Rice, Grilled Red Bell Peppers, Grilled Onions. White or Whole Wheat Tortilla

Veggie + Avocado	11.50
Grilled Rocky® Free Range Chicken*	11.75
Grilled Steak*	12.75
Black Bean	9.25
Lime Shrimp*	14.25

ADDITIONS

Chips + Salsa	2.50
Applewood Smoked Bacon	2.00
Cheddar, Provolone, Swiss, Pepper Jack	1.50
Grilled Chicken* 4oz	6.00
Grilled Steak* 4oz	7.00
Lime Shrimp* 4oz	7.00
Avocado	2.00
Refried Beans or Black Beans	2.00
Sour Cream or Extra Dressing	1.00
Guacamole	4.00
Sliced Tomato	1.50
Scoop Egg, Tuna, or Chicken Salad	5.00
Grilled Red Bell Peppers + Onions	2.00
Substitute Lettuce Wrap for Bread	2.00

SOUP + SALADS + WRAPS

POBLANO CHICKEN + BLACK BEAN CHILI 8.50

SUSAN'S FAV 12.00
baby kale, romaine, quinoa, kalamata olives, radish, avocado, citrus vinaigrette

CHOPPED VEGGIE 14.00

carrots, celery, corn, mixed greens, garbanzo beans, parmesan, honey balsamic dressing

CLASSIC CAESAR 12.00

romaine lettuce, parmesan, croutons, caesar dressing

CHICKEN COBB* 17.00

romaine, avocado, egg, tomato, blue cheese, applewood smoked bacon, sherry dressing

CALIFORNIA CHICKEN* 16.00

romaine, cabbage, carrots, avocado, mandarin oranges, scallions, crispy wonton strips, cashews, cilantro, peanut dressing, sweet soy vinaigrette

SOUTHWEST BBQ CHICKEN* 15.50

lettuce, tomatoes, black beans, corn, cucumbers, tortilla chips, ranch dressing

CHICKEN PESTO WRAP 13.75

lettuce, avocado, tomato, onion, pesto

CHICKEN CAESAR WRAP 11.75

lettuce, parmesan, caesar dressing

HOUSE MADE SIDES

	CUP	PINT
Chicken Salad*	7.00	13.00
Tuna Salad	7.00	13.00
Egg Salad*	7.00	13.00
Potato Salad	5.50	11.00
Lime Shrimp Salad (1/2lb / 1lb)	13.25	24.00
Oven Roasted Vegetables	6.00	12.00
Mediterranean Chopped Salad	6.00	12.00
Black Beans	3.00	5.50
Spanish Rice	3.00	5.50

ORDER shop.thebel-air.com

310-440-5546



COFFEE & TEA

Groundwork certified organic, fairly traded and ethically sourced

	SMALL 12 oz	LARGE 16 oz
REGULAR & DECAF	2.75	3.50
CAFÉ AU LAIT	3.50	4.00
CAPPUCCINO	4.75	5.75
LATTE	4.75	5.75
MOCHA, VANILLA, CARAMEL LATTE	5.25	5.95
HOT VANILLA	4.25	5.00
HOT CHOCOLATE	4.25	5.00
MATCHA LATTE		6.00
CHAI TEA LATTE (VANILLA OR SPICED)		5.25
DIRTY CHAI		5.95
HOT TEA		4.25
AMERICANO		4.00
RED EYE		5.00
ESPRESSO		4.00
MACCHIATO ESPRESSO		4.50
ICED COFFEE		4.00
FRESH BREWED ICED TEA		4.00
ICED RED EYE		5.00
ICED LATTE		5.75
ICED MOCHA		5.95
ICED VANILLA		5.95
ICED MATCHA LATTE		6.00
ICED CHAI LATTE (SPICED OR VANILLA)		6.00
ICED DIRTY CHAI		6.25
BLENDED MOCHA		5.95
BLENDED VANILLA		5.95
BLENDED CHAI		5.95
BLENDED CARAMEL		5.95
Whey Protein Boost	1.50	
Extra Shot	2.00	
Oat, Coconut or Almond Milk	1.00	
Add Flavor	1.25	



FOSSELMAN'S PREMIUM ICE CREAM

Vanilla, Strawberry, Cookies & Cream
Chocolate, Non-Fat Yogurt

SINGLE SCOOP	3.50
2 SCOOPS	6.50
3 SCOOPS	8.25
CONE	.25

HAND-SCOOPED SHAKE 9.00

SMOOTHIE 8.00
Strawberry, Banana, Pineapple, Blueberry, Mango, Peanut Butter

STEP 1:
Open your phone camera,
Scan QR code to see the
menu, and Pay directly on
your own device

STEP 2:
Pick up your food at the Counter
or Call when you arrive for
Curbside Pickup 310-440-5546



310-440-5546

shop.thebel-air.com

· COCKTAILS · WINE · BEER ·
· CANDY · CHIPS ·

SHACK

ORDER ONLINE

shop.thebel-air.com

PROUDLY

SERVING:



SONOMA COUNTY ROCKY® CHICKEN

No Antibiotics, No Hormones
Humanely Raised, 100% Vegetarian Fed
Free-Range, Non-GMO



the SHACK

in the back

662 N Sepulveda Blvd.
Los Angeles, CA 90049

310-440-5546

shop.thebel-air.com

Monday – Friday
7:00 am – 7:00 pm

Saturday
9:00 am – 6:00 pm

holiday hours may vary

